

## WINDOWS 7 UPDATING SEMINAR

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**WINDOWS 7 UPDATE (Video: 39 sec)**

<http://windows.microsoft.com/en-us/windows7/products/features/windows-update>

**WINDOWS 7 UPDATING YOUR COMPUTER**

<http://windows.microsoft.com/en-us/windows7/Updating-your-computer>

**HOW CAN I TELL IF MY COMPUTER IS UP-TO-DATE?**

<http://windows.microsoft.com/en-US/windows7/How-can-I-tell-if-my-computer-is-up-to-date>

**GET SECURITY UPDATES**

<http://windows.microsoft.com/en-us/windows7/Get-security-updates-for-Windows>

**UNDERSTANDING WINDOWS AUTOMATIC UPDATING**

<http://windows.microsoft.com/en-us/windows7/Understanding-Windows-automatic-updating>

**TURN UPDATING ON OR OFF.**

<http://windows.microsoft.com/en-US/windows7/Turn-automatic-updating-on-or-off>

**KEEPING COMPUTERS ON A NETWORK UP-TO-DATE**

<http://windows.microsoft.com/en-us/windows7/Keeping-computers-on-a-network-up-to-date>

**UPDATE A DRIVER FOR HARDWARE THAT ISN'T WORKING PROPERLY (*Be Careful*)**

<http://windows.microsoft.com/en-us/windows7/Update-a-driver-for-hardware-that-isnt-working-properly>

**KEEP WINDOWS DEFENDER DEFINITIONS UP TO DATE**

<http://windows.microsoft.com/en-US/windows7/keep-Windows-Defender-definitions-up-to-date>

**UPDATE MICROSOFT OFFICE**

<http://windows.microsoft.com/en-us/windows7/Update-Microsoft-Office>

**INSTALL WINDOWS UPDATES**

<http://windows.microsoft.com/en-us/windows7/Install-Windows-Updates>

**FREQUENTLY ASKED QUESTIONS**

<http://windows.microsoft.com/en-us/windows7/Updates-frequently-asked-questions>

**CREATE SETTINGS FOR WINDOWS UPDATE IN CONTROL PANEL**

## **START, CONTROL PANEL, WINDOWS UPDATE**

### **ACTION CENTER**

<http://windows.microsoft.com/en-US/windows7/What-is-Action-Center>

### **HOW DOES ACTION CENTER CHECK FOR PROBLEMS?**

<http://windows.microsoft.com/en-US/windows7/How-does-Action-Center-check-for-problems>

## **ANTIVIRUS, MALWARE, SPYWARE**

### **MICROSOFT SECURITY ESSENTIALS (Download)) ANTIVIRUS PROGRAM**

[http://www.microsoft.com/security\\_essentials](http://www.microsoft.com/security_essentials)

**Click on Help and Support**

**Click on Installation Video**

### **CCLEANER (Cleans up temp files, history, cookies, registry (Free)**

<http://www.piriform.com/ccleaner>

### **Spyware (Free Version)**

<http://www.superantispyware.com>

### **Malware (Free)**

<http://www.malwarebytes.org>

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